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Since 1993

**Nithya Chaithanya Kalari (Regd.)  
Institute Information Booklet**

**Nithya Chaithanya Kalari®**  
(A Traditional Kerala Kalarippayattu Martial Arts Academy and  
Marma Research Centre)  
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## **Nithya Chaithanya Kalari ® Profile**

*“Kalarippayatt is all about Discipline, Dedication, Devotion and Determination. The Kalari training is based on an elaborate system of physical exercises. The practical experience of the body movements strengthens the knowledge of a disciple to lead a life of Courage, Integrity and satisfaction.”*

### **Aim of the Organisation**

- Nithya Chaithanya Kalari is dedicated to the cause of reviving and promoting Ancient Martial Art form of Kerala for wellness of the School children and for the promotion of different branches of Kalari system.
- Provide Research platform for Kalarippayatt and Ayurveda researchers in the ancient arts of Marma Shastras.
- Instills self confidence in the traditional Kalarippayatt artists, and gurus by providing new opportunities for their welfare including grants and pensions.
- Support the recognition of artists as cultural artists at the National / International level.
- Kalarippayattu Stage demonstrations of student by providing National and International platforms including through ICCR, Ministry of External Affairs, Govt Of India and

Art and Cultural Promotion Organizations.

- Nurture students and young people of India into confident and bold individuals by constantly training these enthusiastic young people who can carry forward the teachings and take up responsible chair to keep this light ignited.

### **Workshops Conducted**

N.C. Kalari has conducted workshops, lectures with demonstrations for school children in and around Delhi & abroad on their interest.

- American Embassy School, Chanakyapuri New Delhi.
- Kerala School, Vikaspuri, New Delhi.
- Salwan Public School, Mayur Vihar, Delhi.
- Ryan International School, Mayur Vihar, Delhi.
- Kerala Educational Society Secondary School, Mayur Vihar, Delhi.
- Summer Fields School, Kailash Colony, New Delhi.
- St. Gilles les Hauts, Reunion Island.
- Ecole Primaire Eucalyptus, Reunion Island.
- Ecole Sarda Garriga, Reunion Island.
- Ministry of Youth and Sports, Port Louis, Mauritius.
- Nehru Memorial Museum & Library, New Delhi.
- Vishakha (Group for Women Education and Research),

Jaipur.

- Shaolin Temple, China.

## **Demonstrations**

Major programmes performed under able leadership of DR. MURUGAN PILLAI GURUKAL on global platforms:

- Tamil Vizha – 2012 at Malaysia
- Abuja Carnival – 2011 at Abuja, Nigeria
- World Expo -2010, at Shanghai, China
- Festival of India in China celebrated in different province of China, 2010
- Shanghai International Festival 2010 at Shanghai, China, 2010
- World Book Fair, 2010
- Indian Festival in Mauritius
- Indian Festival in Reunion Island
- 10<sup>th</sup> International Women & Health Meeting , Delhi
- Indian International Trade Fair, Pragati Maidan, Delhi
- Katha Asia International Utsav, Delhi
- 50<sup>th</sup> World Dance Day, Sangeet Natak Akademi
- Habitat World at India Habitat Centre, Delhi
- Kerala Food Festival, Ashok Hotel , Delhi
- Karthik Cultural Festival, Faridabad, Haryana Tourism
- Indira Gandhi Memorial Trust, Delhi

- Bal Bhavan Society India, New Delhi.
- Nehru Memorial Museum & Library, Delhi.
- Republic Day Celebration, 2004
- Patiala Heritage Festival, Patiala, Punjab
- Hindu Heritage Pratishtan, New Delhi.
- Delhi Day in India International Trader Fair, 2010
- Kerala Food Festival, New Delhi.
- Golden Jubilee Celebrations at Kerala House, New Delhi.
- Republic Day Celebration, 2004
- Patiala Heritage Festival, Patiala, Punjab
- Hindu Heritage Pratishtan, New Delhi.
- Delhi Day in India International Trader Fair, 2010

**Charitable Work conducted by Nithya Chaithanya Kalari since 1993.**

- Free Kalari training to students from economically weaker sections.
- Free training programmes / awareness stage demonstration cum and workshops for various cultural organizations throughout India.
- Free Ayurveda, Kalari and Siddha Treatment for poor and needy people.
- Free training for school children of Kerala school running under Kerala Educational Societies, Delhi.
- Financial support for medical purpose to weaker

family

- Monthly pension for Gurus from different filed of (Viz. Kalarippayat Gurus / Vaidyas / Other personal those are walk on these fields).

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- Financial Support to Chief Ministers Relief Fund (Kerala Government) during Flood.